



## ICA 2010 – Winelands Golf & Gourmet

### Saturday, 13 March 2010 – The Cape Winelands

This morning you will be collected from the hotel by your SATSA registered tourguide for a wonderful, relaxing trip to the Cape Winelands.

When one reflects on the splendours of the Cape - lush green valleys, rugged mountains, azure seas and sky - then the Cape's winelands are usually top of the list. Visitors pour into the Cape to experience our viticulture, restored Cape Dutch farmsteads with their distinctive gables and thatched roofs, and the mountains that form the dramatic backdrop to all of this. The Cape winelands are some of the most scenic in the world and wine tourism is one of South Africa's fastest growing industries.

Traditionally, when referring to the Cape Winelands, one called to mind the cellars around Stellenbosch, Paarl, Wellington and Franschhoek. However, South African wine has undergone a whole new momentum. An emerging ethos has taken the local wine industry into the global arena. South African wine has come of age and is now competing on the world wine stage. A whole new generation of winemakers has appeared and there has been a shift from grape farming to wine growing.

One would thus be remiss if one did not include the many wine routes of the Cape, some of which are an easy drive from Cape Town, such as the Constantia, Durbanville, Darling and Walker Bay winelands. Most of South Africa's vineyards are found in the Western Cape near the coast. The weather is perfect for growing grapes - rainfall measures up to 40 inches a year, the mild Mediterranean weather provides the perfect climate and the ground is mainly sandy and rough.



The beautiful little town of Stellenbosch, roughly an hour from Cape Town, lies surrounded by the Stellenbosch Mountains in the Jonkershoek River Valley in one of the most picturesque settings in the Cape.

The second oldest town in South Africa has fondly been called 'Eikestad' or city of oaks and its streets are lined with some of the most beautiful surviving examples of Cape Dutch, Georgian and Victorian architecture in the Cape. Dorp Street is a national monument and taking the time to walk around this cosy old part of Stellenbosch, with its secluded lanes, water furrows, cosmopolitan restaurants and coffee bistros, with superb views of mountain, vineyards and orchards, is an idyllic morning venture.

We will stop for a short walking tour and will then continue to Franschhoek. En route we stop for a winetasting at one of the many beautiful wine estates in the region.

Surely everyone is hungry by now – how about a picnic lunch on the banks of the Dwars River in the shade of some oaktrees ? Solms Delta Wine Estate offers just that!

A personal guide will assist in selecting a quiet spot on the forested banks of the river and lake, for you to unpack your basket and drink the wine or Solms-Delta Vogelvrij Spring Water bottled at source on the estate . What better way to truly experience the beauty of the winelands.

After a leisurely afternoon check – in at Le Franschhoek Hotel.

At 19h00: Transfer to our Dinner location: Bouillabaisse Restaurant.

**Bouillabaisse** is a trendy seafood restaurant in the heart of Franschhoek. Browse through a menu of haute cuisine dishes, and taste, sample and share an array of flavours with a definite Asian style seafood twist. While Ingrid and her team make sure that all guests enjoy spotless service and pair the right wine with the right food, award-winning chef Camil Haas and his team perform little pieces of magic at his open kitchen.

## LE FRANSCHHOEK HOTEL & SPA



Located in the world famous Cape Winelands, Le Franschhoek Hotel and Spa has become one of the most romantic getaways in its class. Capturing the essence of five star luxury, the impeccably appointed Le Franschhoek offers unparalleled views of the Franschhoek Mountains and is the perfect setting for a taste of the legendary Cape Wine Routes.

Located on the site of one of Franschhoek's original country retreats, Le Franschhoek retains its elusive charm with a contemporary Cape Dutch feel. Features include a destination Camelot Spa and world class conference facilities – coupled with one of the most beautiful settings in the Winelands.

### **Sunday, 14 March 2010 – Golf, Pampering & Indulgence**

After a scrumptious breakfast you will be taken to Pearl Valley Golf Estate, just a 20 Minute drive from Franschhoek for a round of golf in the morning.

For the golf enthusiast, South Africa is a wonderful destination - and that's an understatement. The country boasts an ideal climate for spending time out on the fairways under the bright African sun, and golfers here are blessed for choice.

Pearl Valley lies within a ring of mountains formed by the Groot Drakenstein, the Klein Drakenstein and the Simonsberg. Carpeted with Vineyards, the area is famously known as the heart of the Cape wine Country. The world class golf course was designed by Jack Nicklaus - his first Signature course in the Western Cape.

18 holes, Par 72, rating 69 - 74  
Distance: 4735m - 6554m  
Between Franschhoek and Paarl



For the non- golfers: enjoy a leisurely morning at the pool and treat yourself at the hotel's Camelot Spa & Wellness Centre (treatments to be paid directly)

A late lunch (14h00) will be waiting for you at Le Verger Restaurant at the hotel.

In the afternoon visit the many Art Galleries & Shops in the Main Road of Franschhoek and enjoy the happy crowd passing by in one of the many coffee shops.

Have you ever wondered how chocolate is made? Enjoy a half-hour programme of demonstrations, tasting and chocolate history and indulge in a delicious range of chocolates, made from the finest imported Belgian chocolate.

After this indulgent afternoon we will have a light Dinner at The French Connection.

The French Connection is a charming bistro-style restaurant with a welcoming and unpretentious atmosphere. Chef Patron Matthew Gordon (owner of the renowned Haute Cabriere), has created a simple, yet enticing menu, guaranteed to suite all palates.

## Monday, 15 March 2010 – Golf, Cycling & Contemporary Art

Wondering how to work off all that wonderful food from the previous day?

The golfers are off to play another golf course today: De Zalze Golfclub.

This is a course that immediately received high praise for its layout in the midst of working vineyards and orchards.



The Stellenbosch mountain range acts as constant backdrop, adding to the reputation the course has gained for its scenic surrounds . Since its opening in 2000, much has been done to mature the course to perfection .

18 holes, Par 72, rating 71 - 73  
Distance: 5133m - 6385m

For the non- golfers: Why not explore the town and valley by bicycle? It's the best way to experience all sights and smells first hand whilst getting fresh air and exercise, working up an appetite for the next meal?

Lunch at Grande Provence Wine Estate is a true reward after an active morning.

While the 18th Century Manor House and The Owner's Cottage at Grande Provence reflect their Huguenot heritage, The Restaurant and wine-tasting area of Grande Provence project a chic industrial presence. Steel joinery, galvanised metals and skylights distinguish this design approach.

High-backed chairs upholstered in white leather draw the eye to the centre of the deep blue-grey Restaurant, while deep, slotted windows frame the picturesque view from the interior. The menus exude culinary excellence, with the signature dishes of The Restaurant hitting all the right notes – honest, fresh and delicious. Prepared from local fare and flavoured with global influences both modern and classical, the cuisine is characterised by a philosophy of innovation through passion and simplicity.

After lunch enjoy a stroll through the Gallery.

The Gallery at Grande Provence has been established to showcase a cross section of works by leading and emerging South African artists.

Grande Provence collaborates with various art consultants on a regular basis who help to both recommend talented contemporary South African artists and to organize the exhibition of their works.

The selection of artworks exhibited at The Gallery at Grande Provence is extensive and includes paintings, drawings, original prints, sculpture, ceramics, photography and traditional beadwork.

Thereafter it's back to the hotel – either by bicycle or bus – depending on your energy levels.

The rest of the day is at leisure.

Our Farewell Dinner will be at the award winning Reuben's Restaurant.

Welcome to the refuge of wandering diners. The gastronomic pride of lovely Franschhoek, where the well-trained palette as well as the unaccustomed taste buds of young and old will be enthralled and sufficed with a personal decadence that is second to none, loved by all, and the key ingredient that has won this restaurant and it's chef (Reuben himself) a number of notable awards, not to mention the awe and praise of all who have had the privilege to experience it.

## **Tuesday, 16 March 2010 – Departure**

After breakfast transfer to the airport in time for your flight home.

## **Q U O T A T I O N**

**Based on a minimum of 2 guests travelling: R 19 764.00 per person sharing**

**Based on a minimum of 4 guests travelling: R 15 024.00 per person sharing**

**Based on a minimum of 6 guests travelling: R 13 444.00 per person sharing**

**Based on a minimum of 8 guests travelling: R 13 044 per person sharing**

**Based on a minimum of 10 guests travelling: R 12 492.00 per person sharing**

**Single supplement cost: R 2 525.00 per person**

Summary of tour and meal basis applicable:

Accommodation	Basis
Le Franschhoek Hotel	B,L,D
Le Franschhoek Hotel	B,L,D
Le Franschhoek Hotel	B,L,D
Departure	

## **INCLUDES**

- 03 nights accommodation at Le Franschhoek Hotel & Spa on above meal basis
- Registered, english speaking tourguide
- Transport in airconditioned minibus
- Entrance fees & green fees as per itinerary
- Porterage at Franschhoek Hotel and Cape Town Airport

## **EXCLUDES**

- All other meals and flights
- Laundry, telephone call, gratuities for hotel staff and all other items of a personal nature

**Quote valid until 31 March 2010. This tour can be done as a Self – drive.**

**Please contact us for a price.**

Please note this is a quotation only and no bookings have been made as of yet.

Bookings will only be confirmed on receipt of written confirmation and deposit.

All prices are subject to increase and can only be confirmed at time of booking.



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